



Asociatia Culturala ASK ME is launching a call for a new EVS project:

Healthy is the new trend!



WHEN? - Between 1.09.2015 – 1.09.2016 (12 months)

THE AIM of the project is to create strategic educative actions using non formal methods to promote a healthy life style for increase the "immunity" of the target group against addiction.

The project **OBJECTIVES** are:

- to offer EVS volunteers the proper frame for experimenting the work as specialized educator in addiction prevention using unconventional and non formal methods;
- to inform, to increase the awareness of local community about the different types of addiction issues and risks for young generations at both local and European level;

- to promote among social assistance system new and modern methodologies about addiction prevention at the level of assisted children and teenagers.

An important dimension of activities will be focused on promoting among youth democratic values, active citizenship and voluntary attitude.

These activities, together with a series of training courses and working methods will provide to the young EVS volunteers the opportunity to develop their social-educative animator competences. In addition, the working methodology of the project will help the volunteers to gain and develop management and entrepreneurship competences.

Volunteers TASKS:

1. Involvement in organizing occupational therapy activities and a large diversity of entertaining activities for the drug addicted young adults in Sf. Stelian Center;
2. Creating healthy life style and cultural diversity non-formal activities for teenagers and children from educational institutions;
3. Organizing healthy life style workshops for orphan children and teenagers in special centers in Bucharest; the workshops will be in English;
4. Involvement in fundraising campaigns and in several projects developed together with ASK ME staff;
5. Promoting the project in the online media (Facebook, the association blog, YouTube etc).

Volunteers profile:

Between 18 – 30 years old, citizen of an EU country, with a lifestyle or personality that center around values like empathy, tolerance, responsibility, kindness, loyalty, dedication, creativity, artistic skills.



Volunteers applications:

Interested volunteers should send their CV and cover letter in English, by email to anka.dobrescu@gmail.com and actor_romania@yahoo.com .

ABOUT Cultural Association ASK ME

It was founded in 2010. The aim is to contribute to the local community with their own ideas and projects. As we work a long time as clinic animator we learned how valuable thing is to be healthy and we propose to help other kids and teenagers about this as well. We offered to the former European volunteers intercultural experience through promoting a healthy life style and fight against drugs dependence.

About Romania – <https://www.youtube.com/watch?v=ZNqAnBwUP50>

Healthy is the new trend! is a follow up project of few previous EVS projects. During these projects we want to underline the importance of education for a healthy life style at early age as a part of an efficient prevention campaign against dependence.

In the previous projects the volunteers had the chance to work with psychologist, doctors, teachers, patients and kids and to develop a program of activities, which help kids to understand and learn about healthy food, healthy movements, healthy relationship and ecology.

